

# Diabetes DINING CLUB

FOR PREVENTION AND CONTROL



**JOIN US** Enjoy physical activity, dine on healthy food, meet new friends and learn more about diabetes prevention and control.

## CURRENT SCHEDULE 2008

### Goshen United Methodist Church

19615 Goshen Road  
Gaithersburg, MD 20876

Sept 15

Oct 6

Nov 13\*

### Lincoln Park Community Center

357 Frederick Avenue  
Rockville, MD 20850

Sept 8

Oct 13

Nov 13\*

### Colesville United Methodist Church

52 Randolph Road  
Silver Spring, MD 20904

Sept 25\*\*

Oct 23

Nov 13\*

\*\* at East County



*Dining Club meets March through November - 6:30 to 9:00 pm*

**RSVP**

One week before club night

Please Call - Diane at 301.421.5767

Cost for Dinner: \$5.00

\*Special Holiday Party for All Clubs at Holiday Park

African American  
Health Program

www.onehealthylife.org

The African American Health Program is funded  
by the Montgomery Department of Health  
and Human Services.

For More Informations: 240-777-1833



**BETAH**  
Associates, Inc.

To make a difference, join us in the effort to  
eliminate health disparities for African  
Americans in Montgomery County.